



EFFECTIVE MARRIAGE COUNSELING

is only a phone call away.
(805) 241-6700

Call Patricia at CPR Counseling today at (805) 241-6700 to begin the process of healing, growth, and transformation.

She will provide a brief phone consultation to answer your questions and address your concerns.



PATRICIA MCTAGUE-LOFT,
Marriage and Family Therapist
Credentials Count!

Patricia's educational background includes a Master of Science in Counseling Psychology with an emphasis in marital and family therapy from California Lutheran University and a Bachelor of Science in Organizational Leadership from Biola University.

In addition to holding memberships in several honor societies and professional organizations, Patricia obtains ongoing psychological training, specializations and certifications.

CPR COUNSELING

PATRICIA MCTAGUE-LOFT, MS, LMFT, FAPA, SAP
5655 Lindero Canyon Road, Suite 621
Westlake Village, CA 91362
pmctagueloft@gmail.com

©2016 PATRICIA MCTAGUE-LOFT

CPR COUNSELING



*Effective
Marriage
Counseling*

MARRIAGE MATTERS

Specializing in helping couples find happiness in their marriages by offering concrete steps that can be implemented immediately. Patricia helps couples create a vision for their marriage which aligns with their dreams, passions, and life goals.

PATRICIA MCTAGUE-LOFT,
LMFT, FAPA, SAP
Marriage and Family Therapist
Lic. MFC 47763

5655 Lindero Canyon Road, Suite 621, Westlake Village, CA 91362
Tel: **(805) 241-6700** | www.CPRcounseling.com



ARE YOU FEELING UNLOVED?

*Is Your Relationship Torn With Strife?
Marriage Goals and Objectives are Uniquely Established.*



A broken or damaged relationship can be the cause of some of the deepest pain in life. We all know what the ideal marriage is – to be loved, valued and cherished by the person we love. When the marriage falls short of the ideal, sometimes agonizingly short, it can feel like the world is falling apart.

Partners may react in self-defeating ways in an effort to save the relationship. One partner may hurt the other partner or shut down emotionally. The couple may also aggressively try to mend the relationship, trying to talk, to be heard. Then, when sincere efforts only lead to further hurt, the spiral begins – partners argue or close themselves off, which leads both partners to fear that they will never feel close to each other again.

COUPLES LEARN:

- Communication, problem-solving, negotiation, and conflict-resolution skills to prevent them from recycling problems in their marriage
- About underlying patterns that hinder them from experiencing a loving relationship.
- How to collaborate and connect in times of distress.
- How to raise healthy self-confident children who self-actualize and meet their full potential.
- How to create a family legacy by building relationships which bolster togetherness and a sense of belonging among family members.

At CPR Counseling, we collaborate with couples to teach them effective strategies to improve their marriage. Patricia uses her marriage counseling expertise and empathic understanding to help couples find healthy ways to enhance their marriage and enrich their personal lives.

**RELATIONSHIPS
CAN BE HEALED.
TRUST CAN
BE REBUILT.
LOVE CAN
BE RENEWED.
INTIMACY CAN
BE RESTORED.**